

WELCOME

Welcome to the exclusive and exceptional experience
of the Waldorf Astoria Spa, Boca Raton.

Expert staff will provide you an extraordinary level of
personalized service to beautify, enhance and restore.

Indulgent signature treatments combine locally inspired ingredients
and contemporary techniques to invigorate and inspire.

With surroundings of unrivalled quality
designed to refresh and relax both body and soul,
your time with us will be truly unforgettable.





Signature Collection

(Spa packages include complimentary 50 min Traditional Ritual Bath)

ULTIMATE WALDORF RETREAT 5.5hrs \$641

Artisan Massage (50)
Signature Facial
Waldorf Manicure & Pedicure
Shampoo & Style

DETOX & REVITALIZE 4hrs \$524

Detox Marine Detox Wrap
Reflexology (50)
Organic Antioxidant Facial

AYURVEDIC BALANCE & RESTORE 3.5hrs \$463

Shankara Abhyanga Massage (50)
Rose Quartz Ayurvedic Facial (50)
Shirodhara Scalp Ritual

GENTLEMEN'S SPA DAY 4.5hrs \$507

Deep Tissue Massage (50)
Gentlemen's Facial
Gents Manicure & Pedicure
Men's Cut & Style

TRADITIONAL RITUAL BATH 50mins \$48 w/service,
\$75 a la carte

A healing water therapy ritual that includes an aroma bath, Swiss shower, plunge pool and Jacuzzi. This is a communal service and swimsuit optional.

SIGNATURE RITUAL BATH 50mins \$89

Elevate your Ritual Bath experience with Anti-Aging skincare products that will hydrate and repair from face to foot. Enjoy an uplifting tropical scent. Includes a take-home gift.

SolTec RESTORATIVE RELAXATION LOUNGE
25mins \$25 w/service
50mins \$50 w/service

The SolTec Lounge produces soothing sound, gentle vibrations and magnetic stimulation to induce profound levels of relaxation.

SERVICE CHARGE

All Signature Package prices include the 20% service charge.



Locally Inspired Ingredients

What makes each Waldorf Astoria Spa truly unique is the way that we introduce locally inspired ingredients to your Spa experience - fruits, plant and minerals - many with a traditional history of soothing or healing properties to refresh and rejuvenate.

Spanish explorers brought oranges to Florida in the mid 1500's. Florida provides the ideal growing conditions for oranges making it one of the top commercial trades in our State. Our Spa utilizes this indigenous fruit to enhance our Spanish themed spa, offering citrus spa treatments, signature citrus scent throughout the spa, and refreshing orange-flavored brewed teas.



Massage Collection

ARTISAN MASSAGE 50mins \$170
80mins \$225

A truly customized massage, your therapist will use their artistic creativity and skillful touch to orchestrate a unique and personalized experience. Service can include a variety of styles, medley of stretching and tailored pressure. Warm basalt stones and aroma essences help cultivate a heightened sense of relaxation.

AROMATHERAPY MASSAGE 50mins \$155
80mins \$210

A traditional aromatherapy massage utilizing your choice of essential oils chosen for you based on your needs. This is a light to medium pressure, choreographed massage. Not intended for guests seeking firm pressure and focus on problem areas.

DEEP TISSUE MASSAGE 50mins \$165
80mins \$220

Enjoy greater range of motion as your therapist works on targeted areas of concern. Firm strokes with medium to deep pressure perfectly address chronic muscle tension.

HOT STONE MASSAGE 50mins \$160
80mins \$215

Smooth, heated basalt stones are combined with gentle massage to melt away stress and helps reduce muscle tension.

HIMALAYAN SALT STONE MASSAGE 50mins \$165

Enjoy the uplifting qualities of a warm Himalayan salt stone massage. This full-body massage incorporates crystal salt and basalt stones that naturally exfoliates and harmonizes to restore overall well-being.

ZENTS HYDRATING MASSAGE 50mins \$160
80mins \$215

A medium pressure, freestyle massage enhanced with warm towels and nourishing Shea butter that will leave your skin feeling renewed and hydrated.

SWEDISH MASSAGE 50mins \$150
80mins \$205

Classic, light touch massage that will increase circulation and promote relaxation. Not intended for guests seeking firm pressure and focus on problem areas.

MATERNITY MASSAGE 50mins \$150

This soothing experience serves to renew the mommy-to-be. A full-body massage that supports the many changes that occur during pregnancy. Guests must be 13 weeks or more to experience this treatment.

SPA REFLEXOLOGY (feet only) 25mins \$85
50mins \$145

A relaxing take on the traditional art of Reflexology, this service begins with a hot towel cleansing ritual. Specific pressure points on the hands and feet are stimulated, encouraging the body to find its own energy path and release blockages which may be the source of pain or discomfort.

SWE-THAI MASSAGE 80mins \$220

An innovative style of massage combining advanced soft tissue therapies and passive yoga style stretching. This service comes with a complimentary traditional ritual bath.

ZENTS QUENCH MASSAGE RITUAL 110mins \$275

A super hydrating, anti-aging treatment that uses organic Shea butter combined with aroma oils of your choice. This service includes a body scrub, scalp treatment, hydrating body wrap and full body massage. This service comes with a complimentary traditional ritual bath.

COUPLES' MASSAGE 50mins \$340
80mins \$450

Experience a custom, freestyle massage as you share your experience with someone special. Pricing per couple.

ENHANCEMENTS

AROMA ESSENCE (Add in) \$15

RELAXING FOOT MASSAGE 25mins \$85

POWER BREAK 25mins \$85

Enhance your body treatment with an additional 25-minutes of targeted massage for neck back and shoulder. This is not a full body massage.

CLEAR MY HEAD SCALP MASSAGE 25mins \$85

Relax and place your head in our hands as your therapist gently massages your scalp to ease away tension and promote healthy hair growth. Add Moroccan Oil scalp treatment to further enhance your experience for additional \$15.00.

SERVICE CHARGE

A 20% service charge is automatically applied to all services and is not a gratuity.

A tip or gratuity may be left at the guest's discretion.



Inspirational Environment

Waldorf Astoria Hotels & Resorts are sited in some of the most inspirational and stimulating locations in the world, and within these locations each Waldorf Astoria is a destination in its own right. Destinations that offer the best of everything in personal service – exemplified in our signature luxury Spas.

This is where you will fully appreciate the reality that is the Waldorf Astoria commitment to putting our guests at the center of our attention – an experience that will leave you inspired.

Body Collection

NATURA BISSE DIAMOND ROSE SCRUB 50mins \$165

Enjoy a smoothing, hydrating and nourishing Damask rose oil exfoliation that will transport you to a complete state of relaxation and well-being.

CITRUS EXFOLIATING BODY THERAPY 50mins \$140

A gentle bitter orange micronized body scrub to revitalize tired skin. Treatment is completed with a relaxing, body cream application.

ELEMIS EXOTIC LIME & GINGER SALT GLOW 25mins \$85
50mins \$150

Body brushing, warm oil and a salt glow to deeply cleanse the skin. Enhance this service with a 25min Power break massage.

CELLUTOX AROMA SPA OCEAN WRAP 80mins \$175

This detox body therapy reduces the appearance of cellulite and fluid retention while cocooned in a wrap, plus pressure point face massage and de-stress scalp treatment. [Shower used in treatment.]

RAINBAR SERVICES

Following Services performed in Vichy Shower

INVIGORATING TROPICAL SCRUB 50mins \$155

Inspired by the abundance of local fresh tropical fruits, this seasonal scrub exfoliates and hydrates, while uplifting aromas elevate your senses for a complete state of relaxation and well-being.

DETOX MARINE BODY WRAP 50mins \$150

Bamboo particles polish away dead skin cells while marine algae hydrate, detoxify and firm the body.

CITRUS DRENCH BODY WRAP 50mins \$150

Highly concentrated vitamin C emulsions will protect the skin from dryness and premature aging.

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Ayurveda Collection

Ayurveda (ayur = life and veda = knowledge) is a 5,000 years old natural system of healing based on a comprehensive view of the laws of nature and governing principles, or doshas. Their energies circulate in the body, governing physiological activity. For the ultimate in healthy mind, body and spirit, doshas must remain balanced. The following Shankara™ treatments are rooted in Ayurvedic wisdom to bring a deeper sense of harmony and wellbeing.

SHANKARA ABHYANGA MASSAGE 50mins \$165
80mins \$220

Sansára, Sanskrit for "continuous flow," of consciousness and life force. Abhyanga is the practice of being anointed from head to toe with a blend of warm soothing essential oils. The continuous flow of aromatic oils, rhythmic massage and thoughtful intention elevates the 7 Dhátus, to harmonize and balance mind, body and spirit.

REVITALIZING ENERGY TREATMENT 50mins \$165
80mins \$220

This revitalizing treatment awakens and uplifts subtle energies with an aromatic inhalation blend combined with targeted dosha massage oils. Swedish style massage balances mind and body with focused attention on the five energy meridians of the "head, hands and feet." Enjoy a deeply relaxing head massage to target tension leaving you feeling relaxed, revitalized and radiantly shining. 80 minute includes nourishing hair treatment.

SHIRODHARA SCALP TREATMENT 25mins \$85

A great addition to any body treatment or massage. This is a deeply Relaxing scalp massage that includes hot oil pouring onto the forehead and throughout the scalp.

ROSE QUARTZ AYURVEDIC FACIAL 50mins \$165
80mins \$220

This highly therapeutic custom facial features the use of rose quartz that calms your mind and soothes your body. Inhale essences of rose, lotus and other precious oils that expand consciousness. Rose water hydrates and rejuvenates the skin. A unique facial massage using the soft, warm quartz reduces muscle tension and gently stimulates the lymphatic system. Repair and regeneration are the corner stone of this uplifting facial.

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Ritual Bath

Authentic Moments

Our luxury Spas reflect our world-wide reputation for consistent standards of excellence on which you can rely, yet each one creates its own individual sense of place, one that reflects the character and the culture of its unique location.

This means that not only will each Spa experience be remembered as being truly exceptional, but also each memory will be forever linked to the time and place where you enjoyed it.

Unforgettable. That's what it will be for you, and that's what you are to us.

Facial Collection

SIGNATURE FACIAL 50mins \$150

Our trained experts will design a results driven, customized Natura Bisse treatment to cleanse, restore & balance your skin.

GENT'S FACIAL 50mins \$150

Designed specifically for gentlemen, this customized treatment leaves your skin toned and hydrated. Enjoy the relaxing qualities of a head, neck and shoulder massage.

O2 AWAKENING FACIAL 50mins \$155

Decongest & brighten dull skin impacted by the environment or travel. Nourishing qualities of oxygen are delivered through high intensity ingredients that will leave your skin looking and feeling radiant and beautiful.

VITAMIN C FACIAL 50mins \$155

Restore sun damaged skin and combat premature signs of aging with the antioxidant power of vitamin C.

THE CURE FACIAL 50mins \$160
80mins \$210

Detox and deeply cleanse decongested and oily skin or those in need of attention to breakouts or blackheads. 80 minutes facial recommended for intensive extractions.

ORGANIC ANTIOXIDANT FACIAL 50mins \$160

Bask in nature's glory as your skin drinks in the nutrient rich properties of organic fruits and vegetables. This seasonally tailored facial is rich in antioxidants and captures the purest of ingredients to leave your skin radiant and beautiful.

CARBOXY PEEL 25mins \$80

Using CO2 to combat the signs of aging, this powerful and unique experience offers rejuvenation in between facials.

NUFACE 25mins \$80

A micro-current treatment to lift & strengthen facial muscles. A great treatment before a special event.

HYDRAFACIAL® 50mins \$175
80mins \$250

A resurfacing procedure providing cleansing, exfoliation, extractions and hydration with the infusion of antioxidants, peptides and hyaluronic acid.

NATURA BISSE DIAMOND WHITE FACIAL 50mins \$175

Diminish the appearance of hyperpigmentation and return to a radiant glow.

ELEMIS PRO-COLLAGEN AGE DEFY FACIAL 80mins \$250

This anti-wrinkle facial is clinically proven to reduce wrinkles and improve skin firmness, after just one treatment. This service comes with a complimentary traditional ritual bath.

NATURA BISSE FACELIFT OPTIMIZER 80mins \$250

Surgical alternative treatment that infuses and lifts the skin with all of the benefits of a microinjection without the neurotoxins. This service comes with a complimentary traditional ritual bath.

ENHANCEMENTS

GLYCOL 3 PEEL (Add In) \$40

Enhance any Natura Bisse 50 minute facial to receive benefits of triple exfoliation with alpha-hydroxy acids. Not available a la carte.

ESSENTIAL EYES (Add In) \$25

Relieve puffiness and dehydration around the eye area.

AGE DEFYING LIP & EYE (Add In) \$35

Restore firmness around the lip and eye area.

NUFACE 15mins \$35

CLEAR MY HEAD SCALP MASSAGE 25mins \$85

Relax and place your head in our hands as your esthetician gently massages your scalp to ease away tension and promote healthy hair growth. Add on to any facial. Cannot be booked A la carte.

Waxing Services available upon request

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Resort Salon

HAIR STYLING SERVICES

Waldorf Astoria Salon offers a full array of color, cuts, styles and hair treatments.

Prices listed for hair services are "starting at." Preliminary quotes provided by spa concierge are subject to change based upon length and condition of hair, intricacy of service and any customization performed by stylist. Stylist will perform preliminary consultation.

WASH AND BLOWOUT starting at	\$60
WASH, CUT AND BLOWOUT starting at	\$80
MEN'S CUT AND STYLE	\$45
UPDO (Updo Style performed on clean, dry hair)	\$95

Extensions may incur an additional charge. Your stylist will consult with you prior to service.

SINGLE PROCESS starting at	\$75
DOUBLE PROCESS starting at	\$85
HIGHLIGHTS starting at	\$100
GLAZE starting at	\$50

KERATIN SERVICES:

STRAIGHTENING SMOOTHING SOLUTION	\$350
SPEEDY SMOOTHING SOLUTION	\$150
SAME DAY SMOOTHER	\$250
CURL CONTROLLER	\$250

Perk™ EXPRESS FACIAL, EYE & LIP TREATMENTS \$39-\$59

From the makers of the HydraFacial MD®, Perk™ is the latest innovation in skincare technology to rejuvenate lips, eyes and skin in just 10 minutes. Treatment includes homecare.

COSMETIC & HAIR STYLE CONSULTATION \$150

Create your own signature look with the help of cosmetic and hair experts. Learn how to enhance your natural beauty with personalized hair and make-up consultations and applications.

BRIDAL PACKAGES

A variety of Wedding packages for the Bride, Bridesmaids, Groom and more are available and customized based on your needs. Please contact the Spa Coordinator at 561-447-3032 for details and pricing.

SERVICE CHARGE

A 20% service charge is automatically applied to all services and is not a gratuity.

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HANDS & FEET

Our nail services are designed for natural nails. Please advise when making your reservation if you have Acrylics or Gel. Acrylic/Gel removal, Full Sets and repairs are available.

CLASSIC MANICURE 25mins \$35

CLASSIC PEDICURE 40mins \$55

CITRUS MANICURE 40mins \$45

CITRUS PEDICURE 55mins \$65

ZENTS QUENCH MANICURE 40mins \$45

ZENTS QUENCH PEDICURE 55mins \$65

100% organic Shea butter hydrates dry skin and repairs dry, cracked hands or feet.

GENTS MANICURE 25mins \$35

GENTS PEDICURE 40mins \$55

JET LAG PEDICURE 55mins \$65

An invigorating treatment ideal for weary travelers or those on their feet all day.

WALDORF MANICURE 55mins \$85

WALDORF PEDICURE 75mins \$105

Aroma essences uplift your senses as a warm herbal neck wrap promotes deep relaxation. Taste the tangy delights of ice cold citrus sorbet, accompanied by your choice of hot herbal teas or chilled sparkling white wine. Warm Himalayan salt stones lightly massage and pamper creating the ultimate spa treatment. Pedicure includes warm paraffin wax treatment for the hands.

GEL POLISH MANICURE 45mins \$45

GEL POLISH MANICURE PLUS REMOVAL 60mins \$65

GEL POLISH REMOVAL ON OWN 15mins \$20

ACRYLIC REMOVAL \$35

FRENCH ADD-ON \$10 per service

POLISH CHANGE* \$20 per service

* Polish change does not include nail file/shape or cuticle care

SUNLESS TANNING \$70

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Spa Information

AGE POLICY

To protect the tranquil nature of the spa and its environment, guests under the age of 18 are not permitted to use the spa facilities. This includes the Private Spa Pool, Spa Café, Sundeck, Wet Areas and Locker Facilities. Younger guests between 12 and 17 are welcome to enjoy spa services when accompanied by an adult in the treatment room or checked in by a guardian at the salon.

SPA DAY ACCESS

Full Day \$42.80

Dusk Access \$23.54

Enjoy the full array of spa amenities and access to the spa café with the purchase of a Spa Day Pass. Dusk Access passes are available after 4pm. Guests receiving spa treatments are entitled to complimentary use of the spa facilities during the day treatments are scheduled.

RESERVATIONS & CANCELLATIONS

Booking your spa reservations in advance is strongly recommended. Please call Waldorf Astoria Spa directly on 561-347-4772 or 877-677-7347 or from the Resort at extension 4772. As a courtesy to other guests and to our therapists, we strictly adhere to the spa cancellation policy. If you must change or cancel an appointment, please advise us six (6) hours in advance to avoid being charged 100% of the scheduled service.

ARRIVAL TIME

Guests are advised to arrive a minimum of 30 minutes prior to the start of their service to allow for ample time to check in, change and acclimate to the spa facilities. Services will begin and end on time so that the next guest is not delayed. Guests staying at the Boca Beach Club are advised to allow for 15-20 minutes travel time if taking the resort shuttle to the Boca Raton Resort & Club.

PHYSICAL AILMENTS, DISABILITIES OR ALLERGIES

Please notify the spa concierge when booking your appointments and your service provider at the time of treatment.

CELL PHONE RESTRICTIONS

To respect the privacy of our spa guests and maintain the sanctuary of our spa, we request that guests refrain from using their cell phone in the locker rooms, Great Hall and treatment areas.

SERVICE CHARGE & GRATUITIES

A 20% service charge is automatically applied to all services and is not a gratuity. A tip or gratuity may be left at the guest's discretion.



enlightened lifestyle

RESHAPE. REFINE. REVIVE.

Engaging in the Resort's Enlightened Lifestyle initiative will offer you services and experiences that focus on stress management, healthy eating, and exercise. Personal Training and Group exercise classes for all interests and levels. Healthy dining options at the Resort restaurants. Plus, participate in our monthly Enlightened Lifestyle activities and events.

For more information, please call 561.347.4772